**Objective: Secure a vehicle or a piece of equipment using the chock-and-block method.**

**Trainer’s Note**

Serious injuries can happen when a vehicle or piece of equipment moves while it is being worked on. Chocking and blocking prevent movement and prevent injuries. For this module:

• Present the information below on the purpose and techniques of chocking and blocking.

• To demonstrate the chock and block principles, have the training session in the shop or in   
 the field. Demonstrate how to chock and block different types of vehicles or equipment.

• Have workers practice chocking and blocking under your supervision.

• Review the important points.

• Have workers take the True/False quiz to check their learning.

**Background**

Sometimes it is critical to make sure that a vehicle or towed equipment cannot move:

* When a trailer or other towed equipment is being unhooked.
* When a vehicle or any equipment on wheels is in the shop for work.
* When workers are working under a vehicle or equipment on wheels.

Chocking the vehicle or equipment keeps it from rolling forward or backward. Blocking the vehicle or equipment keeps it from falling on workers under it. The reason behind chocking and blocking is the same: secure the vehicle or equipment to prevent movement. Movement can cause injuries or even death — so it should always be prevented.

**Chocking**

Workers can be caught between a vehicle and the equipment or a piece of equipment and the shop wall because the proper chocking procedures were not followed. It is a simple concept, but many workers forget to use this procedure when working with or around equipment. In some cases, workers have been killed or injured because they have failed to follow this procedure.

The purpose of the chock is to secure the wheels and hold them stationary. When unhooking towed equipment from a tractor or truck, make sure the tires on the equipment have been chocked to prevent the operator or bystanders from being injured if a roll back occurs. Do not rely on the equipment’s brakes. The rear-most axle should be the one that is chocked. Tires may need to be chocked in both the front and the rear on some equipment.

**Blocking**

When working on equipment, never rely only on jacks or hoists to support the equipment. The equipment should be blocked to support it while you are working on it. Use jacks or hoists only to raise the equipment. Then, build a platform of solid blocks to hold the equipment up in place. Be sure to keep your hands, fingers, and feet away — never put them between the equipment and the blocks.

**Tips to Remember**

* Chock wheels at the rear axle.
* Do not unhook equipment that has not been chocked.
* Never put hands, fingers, or feet between equipment and blocks.
* Double up and alternate the positioning of blocks while building the platform.
* Use larger blocks on the bottom. Make the platform as wide as possible.

**Review These Important Points**

* Rear axles need to be chocked.
* Do not attempt to unhook equipment that has not been chocked.
* Never put hands, fingers, or feet between equipment and blocks.

**Verbal Quiz**

1. There is no need to chock equipment before it is unhooked from the vehicle. **T F**

2. The purpose of the chock is to pin the wheels and hold them stationary. **T F**

3. It is fine to support a vehicle with a jack while you are under the vehicle. **T F**

4. When chocking a loaded wagon, chock the rear axle. **T F**

5. Blocking a vehicle is only necessary when a trailer is attached. **T F**

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| Answer Key | |
| 1 | F |
| 2 | T |
| 3 | F |
| 4 | T |
| 5 | F |